

**Improve the quality of your life.
Take the first step by calling today.**

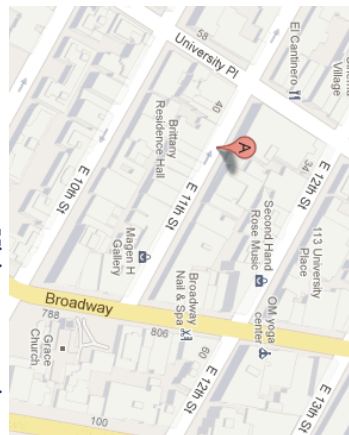
*We are committed to finding the right therapist
and treatment for your specific needs.*

**WSI's THERAPISTS PROVIDE EFFECTIVE
TREATMENT FOR THE FOLLOW CONDITIONS**

- ⇒ Anxiety
- ⇒ Panic Attacks
- ⇒ Obsessive compulsive behaviors
- ⇒ PTSD
- ⇒ Trauma
- ⇒ Depression
- ⇒ Relationship difficulties
- ⇒ Loss/grief/divorce
- ⇒ Parenting issues
- ⇒ Eating Disorders
- ⇒ Creative blocks
- ⇒ Performance anxiety
- ⇒ Phobias
- ⇒ Compulsive spending
- ⇒ Internet and sexual addictions
- ⇒ Life's transitions

*WSI maintains the highest ethical standards;
therapeutic treatment is provided in a safe
and confidential environment.*

Maximize your potential in work and in love.



Visit: www.wsi.org



WASHINGTON SQUARE INSTITUTE
FOR PSYCHOTHERAPY AND MENTAL HEALTH
41-51 East 11th Street, New York, NY 10003



Washington Square Institute for Psychotherapy and Mental Health

**Improving Lives
For over 50 years**

**To make an appointment, call
212-477-2600**



Washington Square Institute

Treatment Center

Washington Square Institute was founded in 1960 and was one of the first treatment centers conveniently located in the heart of Greenwich Village. We provide affordable mental health services for a wide spectrum of disorders.

Our mental health staff, consisting of social workers, psychologists, mental health, couple and family therapists provide treatment from a psychodynamic and socio-cultural perspective. Our Center has become well known for its successful role in the community and the mental health field. Most of our patients are still referred by current and former patients.

Throughout WSI's fifty years of community service and development, clinical and administrative services are supervised by distinguished therapists with specific areas of expertise. Staff conferences, lectures, seminars and supervision of practice maintain assurance of quality services. Dedicated to teaching and providing outstanding services, WSI provides Internships, works in collaboration with researchers in the mental health field and maintains an Institute committed to teaching and training professionals in psychotherapy and psychoanalysis.

Over 80 experienced highly trained mental health professionals serve as therapists at WSI; they utilize various modalities of treatment which enable us to tailor treatment to your individual needs.

Mental Health Professionals at WSI conduct therapy in: English, French, German, Spanish and Italian.

SERVICES:

INTAKES

Evaluation and referral for individualized treatment with appropriate specialist.

INDIVIDUAL PSYCHODYNAMIC THERAPY

Work closely with an experienced professional to gain knowledge of underlying issues contributing to problems in order to remove/reduce anxiety, depression, obsessions, addictions and to gain control over your life.

INDIVIDUAL PSYCHOANALYSIS

Uncover the unconscious, gain understanding of how the past influences the present, unblock obstacles to transform the quality of your life.

COUPLE AND FAMILY THERAPY

Improve communications, understand relationship patterns, resolve conflicts effectively.

GROUP THERAPY

WSI offers unique group psychotherapy experiences: General Group psychotherapy is an opportunity to improve relationship skills, to uncover and work through unresolved issues of sibling rivalry, to improve communications with authority figures, to deepen self awareness and to enhance self esteem.

SPECIFIC GROUPS

- Gay Men's Groups, 2 groups ages 20-40 and 40-60
- Deepen Self Understanding through Dream Work
- Dialectical Behavioral Therapy (DBT) Skill Training Group
- Life Change – Work and the Professional Role for ages 50+

PSYCHOPHARMACOLOGY

Referral when appropriate.

FEES

Fees are adjusted on a sliding scale based on your income and/or resources. WSI accepts Aetna insurance as well as out-of-network insurance.

HOURS

WSI Treatment Center strives to accommodate our patient's schedules.

Our hours are Monday through Thursday 8:30 am – 10:00 pm and 8:30 am – 8:00 pm on Friday.

HOLIDAYS

Closed: New Year's Day, Memorial Day, July Fourth, Labor Day, Thanksgiving and Christmas. Christmas Eve and New Year's Eve the center will close at 5:00 pm.

CANCELLATION POLICY

48 hour advance notice required.

WSI is a non-profit organization which does not discriminate on the basis of age, economic or ethnic background, sexual orientation, disability and spiritual or religious tradition.